

Dates to Remember:

- October 30—Prayer Meeting at APhA Region 4 MRM in Indianapolis, IN
- Nov. 10-12—Global Missions Health Conference in Louisville, KY
- Nov. 14-21—Operation Christmas Child Collection

 Week
- Nov. 22—Joint Effort: Thanksgiving Prayer Breakfast at each College of Pharmacy
- February I I—Joint Effort: Healthy Hearts Community Church Project
- June 7-10—CPFI Annual Conference in Colorado Springs, CO

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"...All to the
Glory of God."



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Get Connected with the New CPFI.org!

The new CPFI website was launched this summer with some impressive updates. Students can now update their personal profile and stay connected with other CPFI members—all online!

- Time to renew your annual membership? Visit the CPFI.org Student Center and pay the \$20 annual membership dues.
- Interested in financing for a project or missions trip? Apply for a scholarship through CPFI.
- Need to contact CPFI members from another

- College of Pharmacy? Collect contact information from the NSC Representatives list
- Interested in attending a short-term missions trip?
 View a list of GHO missions opportunities.
- Planning to attend a prayer breakfast or CPFI conference? Gather information on all CPFI events.
- Need to advertise your event? Visit the Student Activities Bulletin Board and post the details.
- Requesting prayer for a

- specific need? Post your request on the Prayer Wall in the Community Forum.
- Looking for CPFI Publications? Download past issues of The Faith Script Newsletter, Christianity & Pharmacy, and the NSC Newsletter.

Some information is unavailable to the general public, but members are given a unique username and password. If you have not received your log-in information, e-mail Office@CPFI.org. Whether you are trying to get involved or stay connected, the new CPFI.org website can help.



Global Missions Health Conference

Interested in foreign medical missions? You will definitely want to attend the GMHC—one of the largest medical missions conferences in the world. The conference will be held in Louisville, KY on November 10-12, 2011. You will hear many inspiring stories from the mission field and learn about how you can

get involved in missions as a health-care professional. Registration is available online at medicalmissions.com for \$75. Often, colleges of pharmacy offer elective credit for attendance to conferences that focus on professional development. If you are interested in receiving elective credit, contact

your dean of student affairs. Learn how to become a medical missionary and receive college credit—what could be better? If you hope to take your profession to the mission field, this conference is for you. CPFI will be there, and we hope to see you there too!



Collection Week is November 14-21. Don't Wait!

Operation Christmas Child: A How-To Guide

Over the past several years, the NSC has participated in Operation Christmas Child to bring presents and the hope of the Gospel to children around the world at Christmastime. This project, sponsored by Samaritan's Purse, involves filling up shoeboxes with toys, school supplies, and hygiene items to give to children in need. Here are some practical guidelines to get your chapter involved:

I. Start early

Start publicizing the event beginning in October. National collection week is November 14-21 this year.

2. Publicize

Samartian's Purse has items on

their website that you can order or download to publicize your event. Hang up posters around school, send out e-mails, or make announcements in your classes.

3. Collect items

You can put out a collection box to have people donate individual items or filled shoeboxes. Be sure the drop-off locations are in a centralized, easily accessible area. You can also pass around a "collection basket" for monetary donations to purchase items or pay for shipping costs. Be sure to look at the Samaritan's Purse website to see what items can and cannot be included in the boxes.

4. Put it all together

Get your whole school involved in the project by holding a packing party to assemble the boxes. Shoe stores are usually willing to donate shoeboxes if you need some for your items.

5. Ship it off

Visit the Samaritan's Purse website to find a drop-off location near you. They request a \$7 donation with each box to help cover shipping costs. Consider teaming up with other Christian groups on campus or churches to raise money to cover shipping.

Joint Effort: Thanksgiving Prayer Breakfast

"O give thanks unto the Lord, for he is good: for his mercy endureth forever." Psalm 107:1 On Tuesday, November 22, the student chapters of CPFI are planning to collectively set aside a time of prayer and thanksgiving to our Lord and Savior Jesus Christ. CPFI has long been instrumental in adding prayer to national annual meetings, and we would like to add prayer to each college of pharmacy as often as possible. We are encouraging each student chapter of CPFI to host a

prayer breakfast on the Tuesday morning before Thanksgiving. You may invite students and staff from your college of pharmacy or even extend the invitation to other departments and organizations of your university. You may consider asking a pastor in your area to act as moderator for the meeting. Oftentimes, churches are willing to donate supplies for the breakfast for a prayer meet-

ing of this nature. Ask your church and pastor how they might be willing to participate. Start planning this event now, and please take lots of pictures for the NSC to display in the next NSC Newsletter. Please post your event on the Student Activities Bulletin Board on CPFI.org. The Lord has done so much for us. This Thanksgiving, let's make an extra effort to let Him know how grateful we are.

Joint Effort: Healthy Hearts for Valentine's Day



Start planning now to take part in the NSC's first annual community church project—Healthy Hearts for Valentine's Day. On Sunday, February 11, 2011, the NSC is encouraging each CPFI student chapter to organize a blood pressure screening in a local church after its Sunday morning service. This is great practice for you and a service to a local church. Here is what you will need to participate in this community service project:

1. Training

Plan a special, pharmacist-led meeting with your chapter to learn and practice blood pressure monitoring and screening.

2. Preceptor

Schedule several pharmacist preceptors to attend the function with you to advise those with abnormal readings.

3. Medical Supplies

Each student should have a sphygmomanometer and a stethoscope to use.

4. Literature

Copy literature from the American Heart Association or CDC regarding high blood pressure and tips to avoid it.

5. Church Support

Coordinate the event with a church after its Sunday morning service. Ask for an area to hold the screening with plenty of tables and chairs. Follow any protocols from your school for blood pressure screening.

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CHAPTER HIGHLIGHTS

Purdue Brings Prayer Meeting to APhA Regional Conference

Every year at the APhA annual meeting, CPFI holds a prayer meeting for members to come together for fellowship and prayer. At the CPFI annual conference this summer, the student leadership urged the chapters to start these prayer meetings. This year, Purdue is hosting the APhA-ASP Region 4 Midyear Regional Meeting (MRM) in Indianapolis. After discussing it with some of my fellow Purdue CPFI members, we thought it would be a waste to pass up this opportunity. We have decided to start the regional prayer meeting this year in Indianapolis on Sunday morning of October 30th.

Region 4 of APhA-ASP consists of Indiana, Ohio, Illinois, Kentucky, Michigan, and Wisconsin. I know that there are several active CPFI and ASP chapters at many of these colleges of pharmacy, and this meeting has the opportunity to serve many people. Unfortunately, our chapter is not large enough to host this event without help. We will need additional finances and a guest speaker if we are going to be able to hold this prayer meeting. I encourage you to discuss the ways that you can help with the members of your chapter. Furthermore, I encourage the future colleges hosting MRM to

take advantage of the opportunity that is given to them to make this prayer meeting an annual event. If you think that you would be able to help us this year, or if you know of a potential guest speaker, please e-mail me. I hope to see you at MRM!

~Daniel Wilson wilson I 7@purdue.edu

And if you need another reason to go to MRM, check out this video:

http://www.youtube.com/
watch?v=H_iiHxzGSqw







Cincinnati Conducts Brown Bag at Local Church

The student chapter at the University of Cincinnati partnered with Central Baptist Church of Amelia, Ohio to offer medication review sessions to the church. We gave each church member a brown bag and instructed them to bring in all of their regular over -the-counter and prescription medications. The church promoted the Brown Bag event over the next four weeks. In our regular chapter meeting, we asked one of our professors (who happens to be named Dr. Brown) to teach us how to conduct a medication review. We named this meeting Dr. Brown Bags Day and invited the rest of the UC College of Pharmacy. Trained in Brown Bag protocol, we visited the church to conduct the Brown Bag event. After their Sunday morning service, members of the church sat down at tables in the fellowship hall.

The church had even provided snacks and drinks for those waiting for an available student. We had 10 student pharmacists and 2 pharmacist preceptors to



assist in the medication review process. We collected a detailed drug history and counseled on the proper use of each medication. Then, we looked for therapy changes to suggest. Some students offered blood pressure screening while others conducted the Brown Bag medication review. total, we were able to talk to approximately 40 church members and made many suggestions toward better medication use and disease state management. On a follow-up visit, one member said that his gout was almost completely controlled due to the advice he received from a student pharmacist. Not only was the experience good practice for myself, but it was also beneficial for those who participated.

~Rusty Curington curingrm@mail.uc.edu





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Serving Christ and the World through Pharmacy

Get Involved & Stay Connected

We want to know what is happening in your student chapter! Not only can we know better how to pray for your chapter, but we can also encourage and support you when needed. Please, post your chapter's events on the **Student Activities Bulletin Board** and make use of the **Prayer Wall**. These tools are available online at **CPFI.org**.



If you are looking for a way to become more involved with CPFI and the NSC, here are a few suggestions:

 Write an article for the NSC Newsletter. We are always looking for chapter highlights and Bible study ideas to promote. Contact Rusty Curington at curingrm@mail.uc.edu.

- Contact Jennifer Dunkel if you or someone you know is interested in speaking for CPFI meetings at jdunk85@gmail.com.
- If you would like to participate in or organize a prayer breakfast at a national conference, contact
 Tom Robertson at Thomas_Robertson@pba.edu.
- If you are interested in medical missions and would like more information, contact Mande at mandepadg@yahoo.com.
- Become an active member in your chapter of CPFI!

Now, you can stay connected to other members of CPFI through your iPhone! Download this free iPhone app for CPFI members only, and stay connected while "on the go."



EDITOR'S CORNER

"...All to the Glory of God."

"Whether therefore ye eat, or drink, or whatsoever ye do, do all to the glory of God...not seeking mine own profit, but the profit of many, that they may be saved." ~I Corinthians 10:31, 33

You made it through your undergraduate years. Then, you pleaded with the Lord to be accepted to a pharmacy school, and finally you got in. So relieved to have been accepted, you never really thought about how you would get through pharmacy school. The projects and exams start, the stress builds, and you feel like you are doing your best to tread the murky waters of knowledge. Hopefully, the hours upon hours of study will one day pay off with the ever-elusive PharmD and possibly a career with a salary befitting a highly trained healthcare professional.

If you're anything like me, this scenario reflects the past few years of your life. Recently, I have been so convicted about the amount of glory I give God through my life as a pharmacy student. I realize that I pray literally before every test, as if I were praying for my next meal; however, I often forget to give God the glory afterwards. I begin working in my own power, and when all hope seems lost, then I ask the Lord for help. How much stress could I have avoided if I had been working through God's strength instead of my own? Looking at the lives of Moses and Gideon, I realize that God wants to use us after we've admitted that we are too weak to succeed on our own. Then, we can truly see God's hand upon us, working through us. God is glorified when His weak

servants do mighty works because it is obvious they could not do it in their own strength. Praise the Lord that He brought you to where you are now, and know that He will "deliver" you from pharmacy school. One day, when you present your future employer with the résumé you've spent years developing, give God the glory for the mighty works He's done in your life. For me, it is easy to get off track and seek my own profit, forgetting that I am just a servant of the Lord. Many others can profit when His servants are willing to be used, and this comes when we do "all to the glory of God."

In Him, Rusty Curington