

#### **Dates to Remember:**

- May I—Deadline for Chapter of the Year Application
- May 3—National Day of Prayer
- June 7-10—CPFI Annual Conference in Colorado Springs, CO

#### INSIDE THIS ISSUE:

Leadership 2
Transition: Tips
for Success

Chapter of the Year Application 2

Go Green! Renew On-line

CPFI Buddies at Virginia Commonwealth University

Palm Beach Atlan- 3 tic Gives Back through Quantum House

Get Involved & 4
Stay Connected

Editor's Corner: 4
What God Can
Do through Me

# National Student Council

Volume 2, Issue 3

Spring 2012

## 2012 Annual Conference in Colorado Springs!

This summer spend a few days with other members of CPFI at the 2012 Annual Conference in Colorado Springs, Colorado from June 7 through June 10. Fellowship with other members in the castle at Glen Eyrie, the Navigator Headquarters. The first CE session begins on Thursday afternoon. A worship service is planned for Thursday evening with an ice cream social and an exciting game night for students and recent grads later that night. The CE program will continue on Friday morning through Friday afternoon and will resume on Saturday morning. You do not want to miss the Flying W. Ranch Dinner and Show on Friday evening! After Saturday's CE sessions, members are invited to attend an Awards Banquet and enjoy a time of singing under the stars. As always, anyone interested is welcome to attend the CPFI Board of



Directors meeting on the Thursday evening of that week. Enjoy the beautiful accommodations, excellent food, and outstanding

hospitality from the Navigators and their staff. The area also offers numerous opportunities to visit famous locations like Pikes Peak, Fort Carlson, and the headquarters for Focus on the Family. Take advantage of the numerous hiking trails from the conference grounds and surrounding mountains. Some members are planning to arrive on Tuesday to enjoy a white water rafting trip together on Wednesday. Visit CPFI.org to register for the conference online for only \$40! Accommodations at Glen Eyrie are limited, but there are plenty of hotels nearby. If you want to learn how to "Practice Pharmacy with Wisdom and Knowledge" while fellowshipping with other Christian professionals, this conference is for you!

# Collaborative Practice: National Day of Prayer

It is exciting to be a part of the new paths for our profession that are unfolding all around us. Health care workers are finding the true value of having pharmacists on health care teams in hospitals, long-term care facilities, and ambulatory care settings all across the country. We are, after all, the drug experts, and our expertise can direct a team of professionals to optimal outcomes. When it comes to faith, Christians from all professions and walks of life are called to "Be joyful in hope, patient in affliction, faithful in prayer." (Romans 12:12) God instructs us to pray, but it is not because He cannot act without our prayer. One reason we are instructed to pray is to honor God

and acknowledge His power (Phil. 4:5). Thursday, May 3<sup>rd</sup> is the National Day of Prayer. While we should "pray continually" (I Thess. 5:17), this day is set aside to re-center our lives around prayer and rely on God. Every year, the organization encourages Christians in America to lift up our requests to God. Some day, many of us may be part of a health-care team, caring for patients. Pharmacists play a very important role on these teams, but it does not compare to the role we have as Christians in obeying the commandments of prayer and glorifying God with our lives. We all have busy schedules, and it can be so easy to become distracted by all of the demands we encounter. I

encourage you to take advantage of this event and spend some time remembering that God's power far exceeds the struggles we face in this life. It is a tremendous encouragement when you know that fellow believers across the country will be doing the same thing. To find out more about the National Day of Prayer, you can visit their website at http://nationaldayofprayer.org/. Remember Jesus' promise to us that when we ask for something in prayer to further the kingdom of God, we receive what we ask for. "If you believe, you will receive whatever you ask for in prayer." (Matthew 21:22)

~Daniel Wilson, Asst. NSC Chairperson



# Leadership Transition: Tips for Success!

"For I know the thoughts I think toward you, saith the LORD, thoughts of peace, and not of evil, to give you an expected end." ~Jeremiah 29:11

What an encouraging and hopeful verse for spring! When many people think of springtime, they think of new beginnings and fresh starts. This is the case for many CPFI student chapters around the nation who have just elected new officers to carry on the organization. There are a few things the new officers can do to ensure they will be successful and have an "expected end":

**I:** Hold an Induction Ceremony Recognize the new leaders and pray with them about the next year. Use the ceremony to reiterate the purpose and mission of CPFI to refresh all members and officers for the new term.

#### 2: Be Organized

This is the best way to make sure everything runs smoothly. Make a binder that has everyone's contact information and officer responsibilities so that everyone in the organization can stay in touch and know what they are supposed to be doing.

#### 3: Have a Planning Meeting

Get all the new and old officers together and brainstorm ideas for the upcoming term. Plan general body meetings and social events! It's easier to get speakers if you plan ahead.

#### 4: Promote Events

Make flyers, send out emails, and tell people about all of your events. We want to spread the Good News to as many people as we can!

#### 5: Pray! Pray! Pray!

Jeremiah 29:11 shows us that God is on our side. He has an expected end for us, success in Him! Don't forget to ask Him for guidance throughout this process.

~Callie McMahan, CPFI Secretary University of Cincinnati

# Chapter of the Year Application

HONOR TO
WHOM
HONOR IS
DUE.
ROMANS 13:7

Do you think your chapter has what it takes to be Chapter of the Year? To be considered for the 2011-2012 CPFI Student Chapter of the Year award, please submit a detailed description of your chapter's activities over the past school year to Julie at julie.cpfi@gmail.com. These applications will be sent for review to CPFI Award's Committee. The winning chapter will be announced at the Annual CPFI Conference in Colorado this summer. In this application, please include a description of

each category of service, how many students were involved, how many people were reached, and any other pertinent information about your chapter. Service categories include:

- Meetings or Bible studies
- Members (local, national)
- Annual student retreat attendance and involvement
- Annual 2012 Conference in Colorado Springs involvement and plans to attend.
- Outreaches (missions, com-

munity service, etc.)

- In-reaches (serving those within your school)
- Fundraisers (charity, chapter)
- Community health fairs
- Health Campaigns
- Missions Trips
- Social Events

Take advantage of this opportunity to let CPFI know how good God has been to your chapter this year! Deadline for submission is May 1, 2012.

## Go Green! Renew On-line



The new and improved CPFI.org is now capable of processing all new and renewal membership applications online. The website makes paying membership dues and contributions easier by accepting electronic payment with a credit card or e-check. CPFI is strongly encouraging student members to take advantage of this much-needed change. Presidents, no more mailing in packets of membership applications with incomplete informa-

tion. Treasurers, no more writing checks for membership dues. Each member will log-on to CPFI.org to pay dues online, and each chapter may collect local dues separately from national dues. Look for updates to the application process in a new edition of the chapter handbook coming soon. Go green, log-on to CPFI.org, and renew your membership.



Volume 2, Issue 3 Page 3

# CHAPTER HIGHLIGHTS

## **CPFI Buddies at Virginia Commonwealth University**

"Be devoted to one another in love. Honor one another above yourselves. Never be lacking in zeal, but keep your spiritual fervor, serving the Lord. Be joyful in hope, patient in affliction, faithful in prayer. Share with the Lord's people who are in need. Practice hospitality." —Romans 12:10-13

Take a moment to consider your daily life. Do you ever feel alone or as though God is the only support you have? Many individuals experience such feelings of loneliness and consequently do not know where to turn. The transition into pharmacy school can potentially cause such feelings as first-year students reach a new destination, surrounded by a new school, new friends, new professors, and maybe even a new city. As a result, the CPFI chapter at Virginia Commonwealth University was led to establish a new program, "CPFI Buddies," to help students during this transition period. The goal of the program was to foster relationships between incoming students and current CPFI members. CPFI members were paired with a new student who expressed an interest in CPFI at Open House by signing up for an email list-serv. The paired students were free to meet as often as they desired and most importantly were encouraged to share prayer requests with each other and support one another accordingly.

"CPFI Buddies" is an example of the instructions given in Romans 12. No matter what life may bring, we are instructed to share in it together. Our weekly Bible study and discussions have been centered on the idea of building a sense of community within our organization. While society teaches us to look out for number one and strive for "worldly success," we have spent time looking at what the Bible has to say about humbling ourselves before God and acknowledging the fact that we are not alone in this temporary life on earth. According to Ecclesiastes 4:12, "Though one may be overpowered, two can defend themselves. A cord of three strands is not quickly broken." Remember, as pharmacists and pharmacists-to-be, we can share in this together by looking outward instead of inward to establish relationships with others as we seek to further God's earthly kingdom.

~Will Coleman, CPFI President Virginia Commonwealth University







## Palm Beach Atlantic Gives Back through Quantum House

This year Palm Beach Atlantic University, Lloyd L. Gregory School of Pharmacy CPFI Chapter has grown tremendously. We have held monthly meetings and Bible studies (each led by our very own members) where we study God's Word and pray for our school. We have also participated in a number of community service projects. For our community service, we have been actively involved with an organization called Quantum House. The Quantum House is a "home away from home" for families of hospitalized children in Palm Beach County. It is a caring and supportive home that minimizes the burden for families whose children are receiving treatment for a serious medical condition. The families are able to stay at the house for little to no cost so they can stay closer to their child. The house has rooms for about 7-10 families, a common room, and a play room for the children. The Ouantum House allows families to focus on their child without having to worry about where they are

going to stay, what they are going to eat, and if they can afford it. We participated in the "Chef for a Day" program, that allows different organizations to prepare dinner for families every night. Our members made a delicious Thanksgiving dinner for ten families! We enjoyed cooking dinner and bonding with our fellow members, while also making life a little easier for the families going through difficult times. This event was truly a blessing, we were able to meet some families, pray with them, and provide hope and care. The experience was both educational and eyeopening, and we look forward to serving again in the future. We also volunteered at the 2012 Honda Classic Golf Tournament where we helped serve at the concession booth. All profits were donated to the Quantum House. We have some awesome ideas in order to get us more involved in our new philanthropy including: bringing some chocolate treats for Valentine's Day and preparing Easter baskets for the children.

chapter also desires to get more involved in our school. With this in mind, one of our members started a monthly prayer meeting which allows the entire school the opportunity to pray for the needs that are on our hearts. So far, this has been a huge success, and we are looking forward to see what else comes through this. I believe that this chapter will continue to grow in God's hands. We have been blessed to be able to attend a Christian school where we can worship God freely with our fellow classmates and staff. I know that CPFI makes a great impact on our school, not only by praying for it, but also by helping out in events and shining God's light. CPFI has given us great opportunities to be used by God, and we are really excited to see what He does through us.

~Kassandra Otero, CPFI President Palm Beach Atlantic University



Touantum House

#### **CONTACT US:**

Christian Pharmacists Fellowship International at Palm Beach Atlantic University

PO Box 24708 West Palm Beach, FL 33416

Office: (561) 803-2737 Toll Free: (888) 253-6885 Fax: (561) 803-2738

info@CPFI.org



NSC Chairperson Rusty Curington curingrm@mail.uc.edu

NSC Assistant Chairperson Daniel Wilson wilson I 7@purdue.edu

Student Chapter Coordinator Julie McDonald Julie.CPFI@gmail.com

Student Chapter Coordinator Amanda Davis ardavis@llu.edu



#### Serving Christ and the World through Pharmacy

# Get Involved & Stay Connected

We want to know what is happening in your student chapter! Not only can we know better how to pray for your chapter, but we can also encourage and support you when needed. Please, post your chapter's events on the **Student Activities Bulletin Board** and make use of the **Prayer Wall**. These tools are available online at **CPFI.org**.

# PRAYER WALL

If you are looking for a way to become more involved with CPFI and the NSC, here are a few suggestions:

 Write an article for the NSC Newsletter. We are always looking for chapter highlights and Bible study ideas to promote. Contact Rusty Curington at curingrm@mail.uc.edu.

- Contact Jennifer Dunkel if you or someone you know is interested in speaking for CPFI meetings at jdunk85@gmail.com.
- If you would like to participate in or organize a prayer breakfast at a national conference, contact
   Tom Robertson at Thomas Robertson@pba.edu.
- If you are interested in medical missions and would like more information, contact Mande at mandepadg@yahoo.com.
- Become an active member in your chapter of CPFI!

Now, you can stay connected to other members of CPFI through your iPhone! Download this free iPhone app for CPFI members only, and stay connected while "on the go."



# **EDITOR'S CORNER**

# What God Can Do through Me

"I pray that out of his glorious riches he may strengthen you with power through his Spirit in your inner being, so that Christ may dwell in your hearts through faith. And I pray that you, being rooted and established in love, may have power, together with all the Lord's holy people, to grasp how wide and long and high and deep is the love of Christ, and to know this love that surpasses knowledge—that you may be filled to the measure of all the fullness of God". ~Ephesians 3:16-19

As president elect of the UC's chapter of CPFI I was beginning to get bogged down with my course load. In less than a month I was going to transition into the president position. I had no idea what to expect and was very fearful of not living up to the expectations. I was beginning to doubt myself and worry that I may not be able to handle it. Not only was the leadership role intimidating, but on top of that I was going to be the leader of a Christian organization, and with my many imperfections I was afraid to let God down. I began to pray about the situation and ask for God's comfort, strength, and wisdom. Through all this, in these doubtful and challenging times, God reminded me of some critical points that provided me with the comfort and courage I needed to take on this role. He reminded me that He can do anything. If I look at the situation through my own eyes and my own strengths, it is overwhelming and stressful, and I may fail. But God will not fail. In Luke 18:27 Jesus replied, "What is impossible with man is possible with God". Instead of looking at the situation as what I can do for God without letting Him down, He taught me to look at it as what God can do through me. In Ephesians, Paul tells us that God will strengthen us with power through his Spirit in our inner being. I need to remember that He is the one working, not me; I am simply carrying out His works. Knowing that God is behind me and He is the one in charge, I can truly say that I have the confidence in Him to be successful in this position. All I have to do is stay in tune to His voice and word and faithfully keep the perspective that He is simply using me to carry out His will. "For it is God who works in you to will and to act in order to fulfill his good purpose" (Philippians 2:13). He can

work through me as long as I keep Him involved. My job is to draw near to Him, allow Him to be my guide, and be faithful in the guidance received. Looking back on my time here as a member of CPFI, I can see the many places God has molded me and prepared me for the role. This retrospective proof of what He has done in me over the past year and a half is truly amazing. It is assuring and encouraging for me to be able to physically see His hand upon the role he has laid out for me. Now I challenge you to look back on the places where God's hand has prepared you for where you are today, and even further, where He may plan for you to be in the future.

"Now to him who is able to do immeasurably more than all we ask or imagine, according to his power that is at work within us, to him be glory in the church and in Christ Jesus throughout all generations, for ever and ever! Amen." ~Ephesians 3:20-21

~Kelsay Berra, CPFI President University of Cincinnati