



When chapters team together, great things can happen. The fellowship at a Regional Retreat is an unmatchable experience. People are able to share ideas with one another to take back to their chapters, and community service projects can be taken to a whole new level. I encourage you to branch out beyond your chapter, and see what God can do through CPFI!

See next page for highlights of the Southwest Region

IMAGINE WHAT YOUR REGION COULD DO...

The Southwest Region was the first, and currently only region to have a Regional Director. Even though the region is new, in a short time they have already shown how successful chapters can be when they team together. From community service projects to the development of the upcoming Regional Retreat, they have proven that the Regions have great potential. Check out these great examples below:

#### Greetings from The CPFI Southwest Region!

We are pleased to announce that we will be hosting The First Annual Southwest Regional Retreat! It will tentatively be held on August 2<sup>nd</sup>- August 4<sup>th</sup> at Trinity University. We are very excited about the retreat seeing as how we have already seen the organization, communication, fellow-ship, and excitement about CPFI the planning has brought to our region. In conjunction with the regional retreat our chapter will be hosting our First Annual Back to School Health Fair. Along with the traditional health fair activities such as blood glucose and blood pressure readings, we will be giving free immunizations, and giving away free school supplies, uniforms and haircuts. This community service event will be held on San Antonio's west side in conjunction with Urban connection, a youth group who's main concern is to serve San Antonio's at risk youth.

One of our most fulfilling events of the year has been our participation in the "God Belongs in My City" prayer walk. Participating in the prayer walk was our way of declaring our faith here in the City of San Antonio. In the words of our chapter president, Amanda Buhler, "As Christ came and changed the world, we as Christians ought to impact our city now. There is a call to fearlessly rise up as one and not collapse under the waves of this world. We are commissioned to carry forth the Gospel of Salvation!" We walked through the city of San Antonio in constant prayer as one unified

body and prayed for our city. At the end of our journey, we gathered in praise and worship in the middle of downtown. Such a wonderful experience indeed!

–Germesia Kwame CPFI Southwest Regional Director



Greetings from the UT-Austin CPFI Chapter!

The 2012- 2013 semester has been a year of community, fellowship, and service! Although we are one of the smaller organizations in our college, our light has been shining brighter than ever.



We kicked off the year with community groups. These groups were lead by six individuals who felt the call to lead and wanted to build upon their amazing experiences last year. One community group in particular journeyed through the books of Ephesians and Proverbs, which served to constantly encourage and advise through our personal walk with Christ and professional relationships with colleagues. Our community group meetings have provided time we can use to pray for our colleagues, worship, encourage one another, and be consumed by the Word.

Lastly, as children of God and future pharmacists we are called to serve (1 Peter 4:10). We had a blast volunteering at food pantries like Micah 6 in Austin and were able to bless the less fortunate in our community at the same time. We also hosted free health screening events in our community. Under the supervision of generous pharmacist preceptors, we were able to screen for blood glucose, cholesterol, body mass index, and blood pressure. By using these avenues of service, we not only educate and inspire but also spread God's love!

-Christina Dorman

UT-Austin Chapter President

### IMPORTANT INFORMATION REGARDING YOUR CPFI.ORG ACCOUNT

Many students use their campus email for everything while they are in school. After all, it is much easier to get all of our emails on one account. But whether or not it seems possible at this point, sooner or later we will be transitioning into the "real world." That will be a busy time, and it can be difficult to switch over all of our accounts to a new email address. Unfortunately this causes CPFI to lose contact with many of our recent graduates. Further, some campus email systems may block emails from the CPFI office, and some have difficulty forwarding the messages to other accounts such as Gmail. For these reasons, we are requesting everyone to do one of two things:

- 1. Change your primary contact email from your .edu account to another account you check, OR
- 2. Add a personal email account as your secondary email address. It will only be used if your primary email does not work.

You can make these changes by logging in to www.cpfi.org and clicking on "My Profile" on the Member Center tab. On your profile page, click "edit profile" and change your email settings in the top section. Don't forget to hit save when you are done!

CPFI 2013 ANNUAL CONFERENCE AND NATIONAL STUDENT RETREAT

As you enter into the final stretch of the semester, do not forget to register for the National Student Retreat and Annual Conference which will be held in Flat Rock, NC from June 5-9th. Registration closes on May 15th, so don't put it off. That day will be here before you know it!



<u>Click here</u> for the complete programs and registration information. Remember, if you need help filling a room to cut down on costs, send an email to NSC.Chairperson@gmail.com.

### What to Expect:

- CPFI Update: A look into the structure of CPFI and the plans we have for upcoming years
- Oh No, I Graduated: Transitioning from a Christian Student Pharmacist to a Christian Pharmacist
- Strengths Deployment Inventory: Learn how to capitalize your strengths and improve on your weaknesses
- Chapter Reports: Share ideas and learn from other chapters
- The Marks of a Christian Pharmacist: What should a Christian Pharmacist look like?
- A variety of topics covered during the Annual Conference
- Friday night fellowship cookout with beach ball volleyball and a zip-line
- Free time to meet new people, take a hiking trip, go for a swim in the pool, or take a boat out on the lake

# WHY IS IT IMPORTANT TO BE FAITHFUL IN PHARMACY SCHOOL?

Pharmacy school itself is a test of faith. It's common to see students who once used to attend church throughout childhood, youth group, college campus organization, but lose the focus and foundation in pharmacy school. No doubt that increased pressure, time spent studying, working, extracurricular activities, make it harder to be committed to the Faith. We want to encourage all the pharmacy students and bring awareness to the great potential that can be unfolded when we use our skills and knowledge to bring Him glory. As much as he has done for us He deserves our whole heart and devotion to his ministry. After all, we believe that by the profession of our faith God has allowed us to learn about all the different drugs, what they do in and to our bodies, and one day become a pharmacist. But let's not forget who is the One true Great Physician and Healer who brings complete healing inside and out.

Think of this time as the season of sowing for the harvest. (Galatians 6:7-10.)

God ultimately wants to use all of us for his Harvest, which is to disciple others (Matthew 18:19). Last November at the Global Health medical Missions Conference, students and professionals spent 3 days in Louisville, Kentucky learning about real, practical applications of pharmacy in the mission field as well addressing the concerns that the missional life can bring such as career goals, debt, relationships, marriage, children, and whole person care.

Someone once said, "we are ministers disguised as a Doctor/Pharmacist ... ". There is so much more passion, drive, genuine care, and true wholesome healing when we remain faithful to our first and foremost goal (1Samuel 12: 24). The rest is merely a means to the end. We won't simply be dispensing and verifying prescriptions, but building relationships with those in need to offer them everlasting prayer and hope in our Lord.

-Carrie Dean (Chapter President) -Eunice Lee (Chapter Founder) **California Northstate University** 

## JOIN US IN PRAYING FOR CPFI

Like most Christian non-profit organizations, CPFI operates by the generosity of its members and by the grace of God. In March, the CPFI Board of Directors met to discuss ways that we might strengthen our organization and also glorify God. One suggestion was that we ask our members to join together through prayer for CPFI on a specific is praying before you day of the month. It is our hope that our members already include CPFI in their regular prayers, and that our call for united prayer would be for prayer that is over and above our regular prayers. We ask ~ $\mathcal{N}ehemiah$  1:6a ( $\mathcal{N}I\mathcal{V}$ ) that every member, from our CPFI leaders to our

CPFI brothers and sisters serving God in other

"let your ear be atand your tentíve eyes open to hear the prayer your servant day and night for your servants..."

parts of the world, lift CPFI up at 12 noon ET on the third Thursday of every month and pray God will bless CPFI by growth in membership and finances. If you are not able to pray at the appointed time, please do try to lift up these requests at a convenient time during the day.

## PHARMACY SCHOOL ADVICE FROM RECENT GRADUATES

This is the first section of a 3-part series from the class of 2012 at the University of Maryland Baltimore. They have some great advice for us on how to be the best Christian Student Pharmacist you can be. This edition's topic is Experiential Learning.

#### At the beginning of the rotation

- Ask your preceptor for expectations •
- Ask your preceptor what he or she prefers to be called
- Inform your preceptor of unfinished abilities
- Write down login info and preceptor contact info in a common place

#### CV

- Update it after each rotation while your daily functions and projects are still fresh in your head. This will save time!
- Please remember that anything you put down on your CV is fair game during your interviews. Be sure to go over any publications or presentations you listed on your CV

Thank You Notes Send them to interviewers, preceptors, and anyone else at the site who helped you a lot. It is professional and a good practice. It also blesses others and helps to develop a grateful heart.

#### Pray for your preceptors and patients. If you go to Midvear, make it a point to pray with fellow Christians there too.

#### **Presentations**

- If you get to choose your own topic, pick something you haven't done before to learn and to save time when studying for the NAPLEX
- Ask your preceptors for additional opportunities to attend or give presentations. You are the limiting factor in terms of your rotation experience

#### Interviews

Prepare, practice and do your best (Colossians 3:23), but know that your future is ultimately in God's hands (Jeremiah 29:11). He is sovereign and one or a few mistakes by you won't derail his plan for your life.

#### Letter of Intent

This is the bulk of your residency application, work hard on it and start as early as possible.

### YOU ARE ON A MISSION:

To make disciples (Matthew 28:18-20). At one site, I shared the gospel with a pharmacist (in private when God gave me a clear opening). At another site, I encouraged a seeker in her search and urged a Christian to be more bold in her faith. During interview season, I prayed for a fourth year from another pharmacy school. God sent me to the specific sites at specific times in order to minister to certain people, and he is sending you too!

To learn pharmacy knowledge, skills, and abilities. Be teachable	Who are you representing? Remember, you are not representing just yourself or even the pharmacy school. You are an ambassador of Christ (2 Corinthians 5:20). It's an honor when someone receives a com- mission by a king to do a task. Well, you are commissioned by the King of Kings. What a high honor!
—Carla Cobbs, Dan Lee, and Sara Low Class of 2012 University of Maryland—Baltimore	