

Gift Baskets and Baby Showers for Underserved, Expecting Mothers

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Purpose

To provide encouragement and support to soon-to-be mothers and/or those with unplanned pregnancies who are in need of assistance in the form of gift baskets and baby showers at local, non-profit agencies with whom the CPFI chapter already has an established relationship

Introduction

- The HELP Pregnancy Center in Monroe, NC, and Open Arms Pregnancy Center in Hendersonville, NC, are both non-profit, Christian agencies that provide education and care to women and men in need of emotional and medical care who are facing an unplanned pregnancy.
- To better support the pregnancy center and expecting mothers, the Wingate University School of Pharmacy (WUSOP) CPFI student chapter assembled gift baskets to serve as God's hands and feet.
- WUSOP CPFI helped with one baby shower for multiple mothers by providing gifts, refreshments, decorations, and a devotion led by the CPFI students.
- Other CPFI student chapters could replicate this serve opportunity by identifying and connecting with a local, Christian pregnancy center.



Methods

November	Contacted centers, determined needs of expectant mothers
December	Collected items and planned showers
January	Assembled gift baskets
February	Delivered baskets to Open Arms
March	Gifted baskets to mothers and hosted baby shower at HELP Pregnancy Center
April	

- Six cloth baskets were purchased.
- Each basket included Bath and Body Works lotion, Desitin, infant Tylenol, an aspirator, pajamas, and Bibles for mom and baby.
- The total cost for all items was \$521.12. The \$500 Hands and Feet Grant covered most of these needs. Our CPFI chapter funds covered the remaining \$21.12. Additionally, a few members and advisors generously donated refreshments, balloons, and cards for three baby showers.
- Six students helped in this overall process from purchasing the items to making the baskets to participating in the showers.
- Three advisors participated in the process.

Results

- Students assembled gift baskets to give to mothers at HELP Pregnancy Center and Open Arms Pregnancy Center.
- The chapter provided six gift baskets containing a variety of supplies for the expecting mothers. These gift baskets also included a Bible for both the mother and baby.
- HELP Pregnancy Center hosted a baby shower for three moms. Six student pharmacists and an advisor of the WUSOP CPFI chapter attended this baby shower, met the mothers and their families, and gifted them with three of the baskets.
- Open Arms Pregnancy Center received the other gift baskets to bless three moms in need.

Conclusion

- Through the support of the 2022 CPFI Hands and Feet Grant, WUSOP's CPFI student chapter was able to bless the HELP Pregnancy Center in Monroe, NC with three baskets and Open Arms Pregnancy Center in Hendersonville, NC with three baskets full of pharmacy-related and essential items to give expecting mothers, including Bibles for mom and baby.
- The CPFI Hands & Feet Grant allowed our chapter to shower the expecting mothers and their babies with God's love.
- We were happy to partner with these pregnancy centers and look forward to continuing to teach classes, volunteering at the centers, and donating items when able.
- Other CPFI chapters are encouraged to participate in helping other local pregnancy centers.



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