

Warmth and Wellness

CPFI Cedarville University Chapter, Advisors: Dr. Jeff Bates and Dr. Emily Laswell
Kaitlyn Nicholls, PharmD Candidate 2025

BACKGROUND & PURPOSE

- Dayton, Ohio has a population of 135,000 people, with 27.5% living in poverty.¹
- Dayton Dream Center is a faith-based, non-profit organization that serves low income and underserved populations.²
- They provide medical services, outreach groups, free meals three times a week, an onsite church for ongoing discipleship, and partner organizations for additional needs.²
- The CPFI student chapter aimed to support the Dayton Dream Center and their mission by meeting the needs of the community.

METHODS

- Cedarville University chapters of CPFI and the Student College of Clinical Pharmacists (SCCP) collaborated to purchase a variety of supplies to give to the people at the Dayton Dream Center.
- CPFI purchased waterless toothpaste, hand warmers, sanitizing wipes, unit dosed OTC medications, lotion, bandages, hats, gloves, and more. This totaled to \$729.63.
- Church invitations with hand written notes were also included in each bag.
- CPFI and SCCP chapters ran an assembly line on November 7th, where 15 students packaged bags.
- On November 23rd, 3 students passed out the bags during a weekly meal at the Dayton Dream Center.



RESULTS

- 120 bags were assembled.
- There were around 100 people at the weekly meal, with the same number of bags handed out by students. The remaining bags were given to volunteers to distribute in the future.
- Both student chapters are very grateful for CPFI's generous donation! Thank you!

CONCLUSIONS

- There are underserved populations everywhere and there are ways to help the community right where you live!
- Talk to the population or those who work closely with the population you would like to help to find what their needs are.
- Partnering with multiple or previously established organizations can make for a larger impact.
- Make a plan for your project. Have a budget and utilize the space efficiently.
- We did not have much space, so 3 students worked perfectly.

REFERENCES

1. U.S. Census Bureau QuickFacts: Dayton city, Ohio. www.census.gov. <https://www.census.gov/quickfacts/fact/table/daytoncityohio/PST045222>
2. Dayton Dream Center. Dayton Dream Center. <https://www.daytondreamcenter.org/>