# UIW FEIK SCHOOL OF PHARMACY "BUNDLES OF HOPE"

## OBJECTIVE:

 To support women affected by family violence in San Antonio by distributing 30 "Bundles of Hope" with hygiene items, self-care products, and messages of hope and prayer.

## **BACKGROUND:**

- The Battered Women's and Children's Shelter in San Antonio works to break the cycle of family violence by providing emergency shelter, transitional housing, education, and support services that promote self-sufficiency.
- Our chapter focused on supporting women in the local community by creating 30 "Bundles of Hope."









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## **METHODS:**

- Each bag included essential feminine hygiene and self-care items, along with a handwritten message of encouragement.
- Items included: tampons, pads, facemasks, scrunchies, and a motivational keychain.

### **RESULTS:**

 Provided 30 "Bundles of Hope" filled with care items and encouragement to women in our community.

### CONCLUSIONS:

 Thanks the Hands and Feet Grant, UIW-FSOP was able to create care bags for the shelter, sharing faith, hope, and encouragement with those in need.

