

Student Update

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CPFI 2013 Annual Conference and National Student Retreat

Finding Hope in a Changing Healthcare System

If I had to pick one word to describe the retreat this year it would be incredible. From the first moment of registration on, God was at work. He was answering prayers and forming friendships among a group of students from all over the country. It was incredible to see the bonds form between everyone as we share our love for God and pharmacy. One of the students' favorite talks was on what our value system is. Each system had a color assigned to it, and it was neat to see us apply it to everyone we met at the retreat. As far as the other talks go they were incredible as well. It was so great being with pharmacists from all over and having them ask you about your life,



school, and your future plans. They were so unbelievable in the way they loved and poured into us. They took the time to try to get to know the students and teach us about things like slide rulers and Duran Duran. All in all the talks were remarkable, whether they were about generations, new drugs, or serving overseas. A very special moment for everyone who attended the retreat was the time of singing that we did with everyone there. It was amazing to worship with pharmacists and students of all ages that share the love for our amazing, incredible God.



Mark your calendars for next years Annual Conference and National Student Retreat!!
Springmaid Beach, SC
June 11-15, 2014

Sarah Leonall
 Wingate University



The Next CPFI gathering!

November 7-9, 2013
Louisville, KY

If you love being around Christian health care professionals who are passionate about missions: This is for you! GMHC is a gathering to prepare and encourage those in medical missions.

For more information and to register click [here](#).





Southwest Region Hosts a Successful Retreat!

NEW Guest Speaker searches on cpfi.org

The LORD really moved and made his presence known at CPFI's First Annual Southwest Regional Retreat! We learned to have joy in all that we do, even in the times of unwanted circumstances. Dr. Copeland, UIW-FSOP CPFI advisor, shared with us that "fear/anxiety prevents the absorption and distribution of joy" in his teaching, *The Prescription for Joy*. He also explained to us that joy is relationship dependent rather than situation dependent. Dr. Eckel, CPFI National President, helped us to understand that we can't control our circumstances but we can control how we respond in his teaching, *Joy is a Choice*. Lastly, in his leadership training titled, *Traffic: Leadership on the Highways of Life*, Pastor Kevin Duhart, Lead Pastor of the Rock Fellowship Church, explained to us that leadership is the act of

inspiring others and that leadership starts with servant hood.

We were blessed to have students in attendance from the University of Arkansas for Medical Sciences, Texas Tech University Health Science Center-Amarillo, and of course, the University of the Incarnate-Word Feik School of Pharmacy, the hosting chapter of the retreat.

The highlights of our retreat were our Night of Worship with Tativity, a local worship band in San Antonio, TX, our reading of inspirational stories to the assisted-living residents at The Village, and our water balloon fight at our BBQ dinner.

One of our most impactful moments of the retreat was our chapter discussion and updates, where many ideas were bought forth and

inspiration and encouragement was shared between chapters. The most impactful moment overall was that one person received Jesus Christ as their Lord and Savior and three people rededicated their lives to Christ.

It was amazing to see how awakened and revitalized everyone left the retreat, set on fire to spread the joy of Christ to his or her respective chapters. For we know "A joyful heart is good medicine, but a broken spirit dries up the bones." (Proverbs 17:22 NASB), was our retreat's scriptural theme.

Germesia Kwame
CPFI Southwest Regional Director



How to Survive Pharmacy School

1. **Study** as hard as you can and perform at your best.
2. **Try not to pull all nighters. Make time to rest. Eat well!** Remember, our bodies are the "temple of the Holy Spirit" (1 Corinthians 6:19).
3. **Try to get involved in school.** Join student pharmacy organizations. All of the student organizations need Christians in leadership positions whose lives point to God!

This is part 2 of a 3 part series compiled by CPFI graduates at University of Maryland Baltimore
4. **Talk to upperclassmen** regarding rotations and jobs.
5. **Talk to your advisor** or faculty member regarding your career plans.
6. **Research job opportunities** and the process of how to get the job you desire.
7. **Work** in retail or hospital for experience.
8. **Network.** Cast your net far and wide. Participate in **not only school organizations** but in local and national organizations.
9. **General Attitude:** Say "yes!" to opportunities. Then pray to God for strength and endurance.

Carla Cobbs, Joy Chou, and Dan Lee
Graduates of University of Maryland Baltimore

Available to all national CPFI members is a list of guest speakers and their travel distance. Simply log on to your CPFI student account and under the drop-down "Student Center" tab there is a section labeled "Guest Speakers" where you can search for a speaker by regions (on tabs at the bottom). If a pharmacist or other speaker you have hosted would like to speak at other universities, there is a link on the guest speaker page where they can submit contact information to be available to other students.

Check it out [here](#)

Note: You must be signed into your cpfi.org account in order to view this section of the website.

National Student Council Restructure

The NSC has been re-vamped to better serve you! Some features are the addition of three positions, and descriptions for all positions. Check it out on the next page!

Who's Who in the NSC



**Student Advisory Committee
Co-Chair**

Amanda Hayes
Pharmacist, Colorado Springs, CO
amanda.cpfi@gmail.com



**Student Advisory Committee
Co-Chair**

Julie McDonald
Pharmacist, Craig, AK
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Advisor Liaison

Russell Curington
Pharmacist, Cincinnati, OH
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NSC Chairperson

Charlotte Taft
P3, Palm Beach Atlantic University
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**NSC Assistant
Chairperson**

Austin Greanias
P2, University of Kentucky
ajgr223@uky.edu



**National Student Retreat
Coordinator**

Jessica Langdon
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**Membership Transitions
Coordinator**

Daniel Wilson
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**Regional Director
Coordinator**

Kelly Niedzwiecki
P4, Presbyterian College
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**Mid-Atlantic Regional
Director**

Adam Brumfield
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**Southwest Regional
Director**

Germesia Kwame
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**South-Atlantic Regional
Director**

Hope Foskey
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**Southeast Regional
Director**

Brittany Cherry
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YOU... Can be part of the NSC too!

If you are part of the **Northeast Region**, **Great Lakes Region**, **Rocky Mountain Region**, **Central Plains Region**, or the **North-Pacific Region**: You should consider applying for regional director. Find your region [here!](#)

Contact Kelly Niedzwiecki for more information or apply [here](#).

National Student Council Structure

Student Chapter Affairs Committee

- Collect chapter forms
- Works with Membership Committee to train chapter advisors
- Advise students interested in starting new chapters
- Maintain student section of CPFI website
- Manage student manual
- Recruit & promote preceptors
- Promote RU-Aware Campaign
- Student led prayer breakfast at state pharmacy meetings
- Coordinate international student groups
- Promotion of student mission trips

NSC Chairperson

- Publish 4 NSC Newsletters (send to students & advisors → post on website)
- Promote projects like Operation Christmas Child & Healthy Hearts
- Act as voice of students for the CPFI Board of Directors
- Recruit new leadership & oversee elections
- Encourage student involvement on board committee
- Be creative!!

Membership Transitions Coordinator

- Develop innovative projects to meet academic and spiritual needs of CPFI members on rotations
- Coordinate social events for CPFI members at annual pharmacy meetings
- Promote chapter-hosted roundtables for rotations students and recent graduates

Assistant NSC Chairperson

- Assist chairperson as needed
- Recruit & promote guest speakers
- Be creative!!

Regional Directors Coordinator

- Development of written materials for directors
- Ensure each of the 9 regions has a director
- Encourage & guide directors

Student Retreat Coordinator

- Plan & promote annual student retreat

Regional Directors

- Communicate and encourage each chapter within the region (contact SCA Committee if a chapter is struggling)
- Promote a regional retreat
- Encourage retention of student members as they transition to rotations and graduate
- Encourage use of local guest speakers and preceptors

NSC Representatives

- Communicate information from NSC chairperson to chapter
- Ensure annual student update form is complete
- Correspond with your regional director