



## Dates to Remember:

- February 12—Joint Effort: Healthy Hearts Community Church Project
- February 28—Post-It Campaign Deadline
- May 1—Chapter of the Year Application Deadline
- June 7-10—CPFI Annual Conference in Colorado Springs, CO

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# CPFI NSC National Student Council

Volume 2, Issue 2

Winter 2012

## Spend Spring and Summer Breaks on the Mission Field!

Planning your spring and summer breaks? Think missions! Every year, CPFI partners with the Christian Medical & Dental Associations (CMDA) to staff medical missions trips through the Global Health Outreach (GHO). Many of these missions trips have a focus on training students in medical missions.

Financing the Great Commission is always a concern, especially for students. Costs for each missions trip is about \$1,350 plus international airfare. Visit CPFI.org and complete the on-line missions scholarship application. If your application is approved, CPFI will award a scholarship up to \$500 towards your medical missions trip.



Spring Break	Location
March 3-11	Nicaragua
March 10-18	Dominican Republic
March 10-18	El Salvador
March 17-25	Honduras
March 24-31	Honduras
Summer Break	Location
May 26-June 3	Honduras
June 2-10	Nicaragua
June 9-17	El Salvador
June 9-17	Ecuador
June 16-23	Nicaragua
July 7-15	Nicaragua
July 14-22	Dominican Republic
July 21-29	El Salvador
July 23-Aug. 3	Ghana
July 27-Aug. 12	Kenya
August 4-12	Nicaragua

Serving on the mission field takes faith, time, and proper planning. **Be prayed up and paid up.** Prayerfully consider what part God would have you to do, and where He would have you to go. Apply for a missions trip at CMDA.org. If you do not currently have a passport, start the application process now. Consider asking your church for sponsors to help with finances. God can use YOU on the mission field!

Still undecided? Contact Mande at mandepadg@yahoo.com for help and support from CPFI. For more information about missions trips and the application process, e-mail gho@cmda.org or call 423-844-1000.



## Post-It Advertising Campaign

CPFI needs your help to advertise the organization to other pharmacists. Every year, CPFI distributes packs of Post-It notes to each member starting professional rotations. Before you begin rotations, you will receive a pack of CPFI sticky notes to leave for your preceptor and staff at each rotation site. The sticky notes will include instructions for new

membership to CPFI. Simply leave behind a pack of sticky notes each month, and pray that God will touch the hearts of



those who see and use them later. To receive your Post-Its, please e-mail Rusty Curington at curingrm@mail.uc.edu by February 28, 2012. Include the number of members starting rotations and one mailing address and name of the member who will distribute the notes to each student in your school. There is absolutely no cost to you or your chapter.



## Joint Effort: Healthy Hearts for Valentine's Day

Start planning now to take part in the NSC's first annual community church project—Healthy Hearts for Valentine's Day. On Sunday, February 12, 2012, the NSC is encouraging each CPFI student chapter to organize a blood pressure screening in a local church after its Sunday morning service. This is great practice for you and a service to a local church. Here is what you will need to participate in this community service project:

### 1. Training

Plan a special, pharmacist-led meeting with your chapter to learn and practice blood pressure monitoring and screening.

### 2. Preceptor

Schedule several pharmacist preceptors to attend the function with you to advise those with abnormal readings.

### 3. Medical Supplies

Each student should have a sphygmomanometer and a stethoscope to use.

### 4. Literature

Copy literature from the American Heart Association or CDC regarding high blood pressure and tips to avoid/control it.

### 5. Church Support

Coordinate the event with a church after its Sunday morning service. Ask for an area to hold the screening with plenty of tables and chairs. Follow any protocols from your school for blood pressure screening.

HONOR TO  
WHOM  
HONOR IS  
DUE.

~ROMANS 13:7

## Chapter of the Year Application

Do you think your chapter has what it takes to be awarded Chapter of the Year? To be considered for the 2011-2012 CPFI Student Chapter of the Year award, please submit a detailed description of your chapter's activities over the past school year to Rusty at [curingrm@mail.uc.edu](mailto:curingrm@mail.uc.edu). These applications will be sent for review to CPFI's Awards Committee. The winning chapter will be announced at the Annual CPFI Conference in Colorado this summer.

In this application, please include a description of each category of service, how many students were involved, how many people were reached, and any other pertinent information about your chapter. Service categories include:

- Meetings or Bible studies
- Members (local, national)
- Annual Student Retreat attendance and involvement
- Annual 2012 Conference in Colorado Springs involvement or plans to attend

- Outreaches (missions, community service, etc.)
- In-reaches (serving those within your school)
- Fundraisers (charity, chapter)
- Community health fairs
- Health Campaigns
- Missions Trips
- Social Events

Take advantage of this opportunity to let CPFI know how good God has been to your chapter this year! Deadline for submission is May 1, 2012.

## Go Green! Renew On-line.



The new and improved CPFI.org is now capable of processing all new and renewal membership applications online. The website makes paying membership dues and contributions easier by accepting electronic payment with a credit card or e-check. CPFI is strongly encouraging student members to take advantage of this much-needed change. Presidents, no more mailing in packets of membership applications with incomplete infor-

mation. Treasurers, no more writing checks for membership dues. Each member will log-on to CPFI.org to pay dues online, and each chapter may collect local dues separately from national dues. Look for updates to the application process in a new edition of the chapter handbook coming soon. Go green, log-on to CPFI.org, and renew your membership.

The image shows a screenshot of the CPFI Membership Application form, which includes sections for Personal Information, CPFI Articles of Faith, and Payment Information. Below the form is a screenshot of the CPFI website homepage, which features a navigation menu and a welcome message. A large red arrow points from the application form to the website, indicating the online renewal process.

# CHAPTER HIGHLIGHTS

## Ohio Northern Serves Community Both Home and Abroad

In October, the Ohio Northern Chapter of CPFI in conjunction with KE held an OTC medication drive to supply 6<sup>th</sup> year pharmacy students doing a rotation in Kenya. Different types of OTC medications were assigned to different classes, and students were asked to donate according to their class to help spread out the types of donations made.

On December 3<sup>rd</sup> 2011, ONU CPFI held their annual Polar Drop and Shop. This community service event was developed to give parents of the community a place to drop off their kids giving them time alone to do Christmas shopping. A few weeks prior to the

event, flyers were placed in the surrounding community, on campus, and throughout the local school. Parents were asked to fill out a form to register each child and bring that form with them when dropping off the children. Each child was asked to bring their own lunch. The local Methodist church allowed us to use their facilities for the event. The volunteers for the day showed up in two shifts working from either 8 to 1 or 12 to 5. These volunteers signed up ahead of time to work at a certain station, or act as group leader. The children were split into 5 groups, and then rotated through the different stations, each lasting half an hour.

Among the activities were music, craft, games, cookie decorating, coloring, making Christmas cards, movie, and story time. Students who volunteered for the event were offered community service hours required for beginning pharmacy students at ONU. About 40 children were registered, and we operated with about 15 to 20 volunteers per shift. If you would like to try having a similar event or have any questions, contact Andrew Straw at [a-straw@onu.edu](mailto:a-straw@onu.edu)!

~Andrew Straw,  
CPFI President at ONU



## Cedarville Gives Back through Operation Christmas Child

One of the newest schools of pharmacy is located at Cedarville University, a Christian college in Ohio. Though CU will be admitting its first professional year of pharmacy students in Fall 2012, its CPFI chapter is already up and running. This Christmas, CPFI at CU participated in Operation Christmas Child, along with many other CPFI chapters. More information about this service project is found at the CU website:

"CPFI leaders senior Marissa Cushing and sophomore Heather Evankow organized the OCC project at CU. They

were pleasantly surprised by the number of students who brought shoeboxes, toys, candy, wrapping paper and money. CPFI members divided up into groups in order to write notes to the children, fill the shoeboxes, organize the contents and wrap the shoeboxes. The students brought enough supplies to fill seven shoeboxes, and they raised more than enough money to ship the boxes. CU students also had the opportunity to hear from an OCC volunteer about how the boxes are assembled, sent to drop-off points and then delivered to the children. 'It was eye opening to see the

number of countries OCC is currently reaching and the number of children yet to be reached,' said Cushing. 'This is a service project well worth CPFI's time and a project we look forward to continuing in years to come!'"

Even in its pre-pharmacy years, CPFI at CU has really stepped up to start serving the world around them.

~Rusty Curington,  
Editor NSC Newsletter

<http://www.cedarville.edu/Offices/Public-Relations/CampusNews/2011/Pharmacy-Students-Operation-Christmas->



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Serving Christ and the World through Pharmacy

## Get Involved & Stay Connected

We want to know what is happening in your student chapter! Not only can we know better how to pray for your chapter, but we can also encourage and support you when needed. Please, post your chapter's events on the **Student Activities Bulletin Board** and make use of the **Prayer Wall**. These tools are available online at **CPFI.org**.

PRAYER WALL

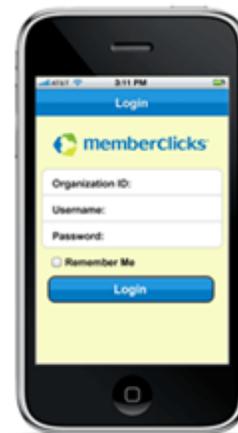
If you are looking for a way to become more involved with CPFI and the NSC, here are a few suggestions:

- Write an article for the NSC Newsletter. We are always looking for chapter

highlights and Bible study ideas to promote. Contact Rusty Curington at [curingrm@mail.uc.edu](mailto:curingrm@mail.uc.edu).

- Contact Jennifer Dunkel if you or someone you know is interested in speaking for CPFI meetings at [jdunk85@gmail.com](mailto:jdunk85@gmail.com).
- If you would like to participate in or organize a prayer breakfast at a national conference, contact Tom Robertson at [Thomas\\_Robertson@pba.edu](mailto:Thomas_Robertson@pba.edu).
- If you are interested in medical missions and would like more information, contact Mande at [mandepadg@yahoo.com](mailto:mandepadg@yahoo.com).
- Become an active member in your chapter of CPFI!

Now, you can stay connected to other members of CPFI through your iPhone! Download this free iPhone app for CPFI members only, and stay connected while "on the go."



## EDITOR'S CORNER

### *She Was Right All Along.*

Looking back on the semester, October was a very busy time for many of us. The thrill of the new semester began to wear off as classes became more and more demanding. To some people, October is the month of costumes and candy. To others, it is a month to recognize people in two highly respected professions: pharmacy and ministry. While I was working on promoting American Pharmacists Month with APhA, I was reminded of my former Sunday School teacher who always told me that I would grow up to be a preacher. I remember smiling and thinking, "No way! I could never do that." Since then, I have been challenged to grow in my faith and make the great commission a bigger part of my life. I have realized that

ministry is not just for those who preach on Sunday mornings, but for everyone who claims to be a follower of Christ. Our faith is to be the central part of our daily life, regardless of occupation. As pharmacists and student pharmacists, we have the opportunity to reach our classmates, coworkers, and patients for Christ. We should not be intimidated, "For the Spirit God gave us does not make us timid, but gives us power, love and self-discipline." (2 Timothy 1:7 NIV) As I write this, I begin thinking that perhaps my Sunday School teacher was right all along. In a way, I will be a minister. Both pharmacists and ministers are called to serve by putting others before ourselves. We are held to a high

moral standard, and we dedicate ourselves to a life of learning. People come to us when they are hurting and ill. Really, we are not all that different. Pharmacists use medication to heal and increase quality of life, but our focus should be first on the spiritual health of those around us. It is spiritual health, not physical health, that has eternal value. When you really grasp this, it is obvious that we need to share our faith. As fellow student pharmacists and brothers and sisters in Christ, I challenge you to think about how you can use your profession to share Christ with those around you in your school and workplace.

~Daniel Wilson,  
NSC Assistant Chairperson