

# 2018 CPFI Hands and Feet Grants

CPFI awards numerous Hands and Feet Student Chapter Grants each year. Grant money is funded through a portion of the Silent Auction that occurs at the CPFI Annual Meeting. The purpose of the Hands and Feet Student Chapter Grant is to financially support Student Chapters so they have funding to serve others in need. The CPFI Board of Directors implemented this Grant to enable Student Chapters to be the hands and feet of Jesus through Christian service and evangelism. It is the hope of the Board of Directors that students will give back to their communities while sharing the good news of Jesus Christ. Student Chapter Grant recipients receive \$500.00 to foster the expansion of community service involvement. In support of these efforts, Student Chapters may serve in partnerships with communities, nonprofit agencies, schools and governmental bodies. The articles that follow were submitted by the Hands and Feet Student Chapter Grant recipients. Recipients are required to submit a report describing their project. Many of these student chapters also provided a virtual poster presentation at the 2018 CPFI Annual Conference & National Student Retreat.

## EAST TENNESSEE STATE UNIVERSITY GATTON COLLEGE OF PHARMACY: APPALACHIA MILES FOR SMILES

As a follow-up to receiving the Hands and Feet Grant, ETSU's College of Pharmacy's CPFI chapter would like to express our sincere gratitude for such great support. Our involvement in this event could not have been possible without your generous donation.

On October 26-27, 2017, ETSU College of Pharmacy's CPFI chapter participated in a community outreach event called Appalachian Miles for Smiles, to provide the necessary care to patients who needed to receive dental work. Students from Gatton College of Pharmacy participated in the event to gain experiential knowledge on how to check blood glucose levels and blood pressure. Each patient was screened by the students before they could receive any dental care, following the guideline requirements to ensure safety for the patients. This screening gave students the opportunity to not only interact one-on-one with the patient, but also to share the good news of Jesus Christ.

Overall, the two-day event was successful with a great turnout. In all, a total of 63 patients received dental care totaling 134 extractions, 21 fillings, and 21 cleanings over the two days. CPFI members were given the opportunity to practice how to take blood pressure and blood glucose. It also created a unique opportunity to minister to the community. Through this event, a couple of patients were identified as having hypertension and high blood glucose; prior to this event, they

were unaware that they had those conditions. Subsequently, they followed up to get the medical care they needed.

As part of their report to the ETSU Chapter of CPFI, the Appalachian Miles for Smiles representative was very appreciative and had this to say: "The students were fantastic! I'd like to send a special thank you to the female students on Friday who saw 2 children sitting outside of the unit waiting on their mother to finish her appointment, and went out of her way to find toys for the kids to play with until their mother finished... We would love to have the students come out again whenever it is convenient!"

Below are four reflective questions that we asked of each student who participated in the event. We wanted to obtain feedback from them in order to improve the event in the future.



1. How did you feel about offering services as a student pharmacist to people in the community?

- **Kojo Abakah (P1 student)** - "Loved having the opportunity to serve in the community."

- **Nice James (P1 student)** - "My confidence level increased."

2. What did you learn from your experience?

- **Glenda Athus (P1 student)** - "This was an enlightening experience that I hope to continue throughout my years in practice and beyond."

- **Judy Ombasa (P1 student)** - "People need help and we need to be there to help them."

3. Were you able to witness to patients?

- **Jonathan Creger (P2 student)** - "Yes, I was able to open myself up to listen to her talk about her life and how Jesus has made an impact."

- **Rachael Snyder (P2 student)** - "I was able to talk to patients about Jesus and they were very happy to listen. I also listened to what they wanted to share."

4. Overall, what was one important lesson that you took away and how do you foresee this shaping/changing you into a future pharmacist?

- **Yaa Anane (P2 student)** - *"I was able to take away lots of things for myself and my future pharmacy practice, but the most important thing was being able to share Jesus with others because He is who will shape me into a future pharmacist."*

- **Kojo Abakah (P1 student)** - *"This event helped me lay the foundation for my future practice as a pharmacist because I want to be able to give back to the community when I become a pharmacist."*

In conclusion, the community outreach opportunity with Appalachian Miles for Smiles was very successful, and was able to help many people over the two-day course of this event. The Word of God was able to be proclaimed, and many patients were able to receive the dental care they needed. The students thoroughly enjoyed participating in this event, and Appalachian Miles for Smiles sent CPFI a tentative schedule of their future events for the coming year and invited the CPFI students to participate with them again. The CPFI Hands and Feet Grant allowed us to acquire the supplies necessary for this event, most of which can and will be used for future participation with Appalachian Miles for Smiles.

#### **UNIVERSITY OF THE INCARNATE WORD FEIK SCHOOL OF PHARMACY: THANKSGIVING DINNER AT SAMMINISTRIES**



On November 16, 2017, students from the Feik School of Pharmacy (FSOP) celebrated the Thanksgiving holiday with nearly 60 homeless individuals residing at San Antonio Metropolitan Ministries (SAMMinistries). The Thanksgiving holiday is a time to reflect upon the gifts we have been blessed with and to share them with others. Jesus said, "Truly I tell you, whatever you did for one of the least of these brothers and

sisters of mine, you did for me" (Matthew 25:40 NIV). For many of the homeless, this event was the only Thanksgiving celebration they will be participating in this year.

Assistance requests in the form of food preparation and fall season decoration at the site was extended to all student organizations at FSOP. Dish serving was reserved exclusively for CPFI members. Purchasing of the food was divided between two officers and distributed to those who volunteered to prepare each dish. Foods were prepared by students, faculty, and even a local restaurant which offered to cook two turkeys for the event. Dishes served at the celebration included turkey, stuffing, mashed potatoes, gravy, corn, green beans, and a variety of desserts including cookies and pies. Any food left over was donated to the families living at SAMMinistries. Much gratitude was expressed by several residents partaking in the event. The opportunity to share the love of Christ with a community in need left an unforgettable impact on participating students. CPFI at FSOP looks forward to spreading the love of Christ with the SAMMinistries community through future events.

#### **MEDICAL UNIVERSITY OF SOUTH CAROLINA COLLEGE OF PHARMACY: HOT DOG MINISTRY**

Our Hot Dog Ministry Take Over Day was November 8, 2017. Prior to the event, Co-Chairs Taylor Cason and Ashley Mitchell purchased the food for the "barbeque" themed meal, including two ten-pound containers of pulled pork and chicken, cans of green beans and baked beans, buns, rice and gravy, salad and toppings, sweet tea, and a variety of utensils and plates. We anticipated feeding between 70-100 individuals. Members also donated desserts including an assortment of cookies, brownies, and cakes. With the help of many of our CPFI members, we were able to coordinate heating these dishes prior to arrival at the site and everything was set up around 4:30 pm. In total, we had approximately 20 of our members participate in setting up, serving, and cleaning up. Dr. Nickel, our previous faculty advisor, opened the evening with a devotional and gave a wonderful message about the grace of God in his life. Ashley Mitchell led the opening prayer and then it was time to eat! As seen in our included pictures, we had a serving line set up for people to come through and fill their plates. In total, we believe we served 70-75 people and a few of them were able to come through the line more than once. It was such a special opportunity to serve these people and speak with them about God and their personal needs. We were also able to bring some P3 and P4 students who provided flu shots to those who wanted them after dinner. Ninety minutes later, the area was cleared of people and food. We cleaned up and held a closing prayer circle led by Dr. Weart and Taylor Cason to thank God for this night and to pray over this community.

**TEXAS TECH UNIVERSITY  
SCHOOL OF PHARMACY:  
MULTICULTURAL HEALTH SCREENING**

This event provided free blood pressure, cholesterol, and glucose screenings, followed by educational health presentations on healthy eating, personal hygiene, and birth control methods for refugees and the local Hispanic communities in Abilene, Texas. Care bags for adults and children containing toys, toothbrushes, toothpaste, soap, and other hygiene products were obtained as donations from Christian Service Center (in Abilene), Open Door Ministries (in Dallas), and TTU School of Pharmacy students. Wendy Erny (CPFI Student Chapter Vice President), Robin Bankey



(President), and Josie Asamoah (secretary) were the primary organizers, with assistance from Chelsea Roberts and Alex Nichols, all under the supervision of Dr. Pamela Ochoa. Hilario Perez was the student in charge of organizing Spanish translation services along with Gilbert Aguirre and Krystal Romero. There were 53 pharmacy students who volunteered their time and efforts to make this event possible. There were also three faculty preceptors: Dr. Ochoa, Dr. Strong, and Dr. Lee; along with a nurse and Physician's Assistant for monitoring and helping patients and students.

Texas Tech Pediatric Pharmacy Advocacy Group (TTPPAG) and Alex Nichols organized the children's area and did an amazing job! This is the fourth year that this event was held, and it was the first time that TTPPAG participated. There were activities to educate children about hygiene and healthcare, games with prizes, and coloring activities. The children learned a lot and enjoyed their section very much.

The International Rescue Committee (IRC) in Abilene was responsible for contacting the Swahili and Nepali speaking refugees in Abilene about the event and providing transportation services. Jen Rogers was the primary organizer

from the IRC and had volunteers with her as well.

The Taylor County Abilene Health Department provided the facility for this event along with volunteers to help. Maria Greene and Janet Falade, from the nursing clerk refugee division of the Health Department, assisted with patients and helped set up for this event. They had their own booth and provided information and resources for patients as they arrived. Tony Ruiz, PA-C was in the screening section helping students and patients with their testing.

**UNIVERSITY OF NORTH CAROLINA ESHELMAN  
SCHOOL OF PHARMACY, ASHEVILLE CAMPUS:  
ASHEVILLE SUMMIT**

The CPFI Prayer Breakfast took place on a beautiful Saturday morning on March 10, 2018. There were 48 people in attendance, including several CPFI members from the Asheville Chapter. Breakfast was catered by The DoubleTree Hotel and included fresh fruit, assorted yogurts, muffins, bagels and pastries. Paul Gerritson, MDiv, was the guest speaker at the breakfast. He gave a 30-minute presentation titled, "Does God Have a Word of Hope for Me?" Paul Gerritson is the area Director-Pastor for Triangle Christian Medical and Dental Association and is also the author of two books on the intersection of the Christian faith and the practice of healthcare: *Notes of Encouragement* and *Your Privileged Position*. Paul's presentation expounded on the subject of spirituality, improving one's sense of well-being, and addressing spiritual struggles/needs in patients and community members. The presentation applied Scripture to relevant issues in healthcare such as the opioid epidemic, needle exchange, bridging generation gaps and cultural divides, and serving the underserved. He encouraged participants to heal bodies, teach souls, and speak on spiritual matters. Afterwards, he reserved time for a Q&A session. The primary goal of the Asheville Summit was to unite pharmacy professionals and students from across the country, educating participants about population health and the role of pharmacists in helping patients achieve better outcomes in historically underserved areas. Our hope was that the CPFI Prayer Breakfast would be a time of reflection and fellowship, while providing spiritual and physical nourishment to our bodies as we started the day. We were able to achieve all of the goals we set forth with the CPFI Prayer Breakfast and with the Asheville Summit overall. As part of our sponsorship agreement, we proudly recognized CPFI as one of our top sponsors at the Asheville Summit. CPFI was recognized on our sponsorship poster, on the Asheville Summit website and FaceBook page, and was included on the sponsorship flyer placed in every participant's folder. Your sponsorship for the Asheville Summit exemplified the magnanimous nature of CPFI and your advocacy for advancing the field of pharmacy. CPFI was instrumental in making the Asheville Summit a great success. We hope to work with you again next year!

**SHENANDOAH UNIVERSITY BERNARD J. DUNN  
SCHOOL OF PHARMACY:  
JUBILEE KITCHEN AND THE WATTS PROGRAM**

Our CPFI chapter had the privilege to serve the homeless this year with help from the Hands and Feet Grant. The project involved distributing hygiene and winter items to the homeless by partnering with Jubilee Kitchen and the WATTS program.

On January 27, 2018, our team worked with members of First Presbyterian Church in Winchester, VA to serve guests of Jubilee Kitchen and the WATTS program. We recruited six students to serve in the morning at Jubilee Kitchen and five students for the evening WATTS program. Our students helped to serve 35 WATTS guests and nearly 50 Jubilee Kitchen guests.

During both programs, students offered each of the items to the guests starting with the winter and hygiene items. Afterwards, students distributed wooden cross key chains and cards with Matthew 22:37 NIV printed on them: "Love the Lord your God with all your heart and with all your soul and with all your mind." This gave students the opportunity to speak to the guests, connect with them, and talk about the Bible verse. Not one guest refused to accept a cross and Bible verse card.

Of all the items donated, the winter accessories were the most appreciated. Most of the winter items were accepted by WATTS guests during the week, with some remaining winter items stored for a future WATTS event by the church.

Between the Jubilee Kitchen and WATTS, we donated 8 first aid kits, 141 hand sanitizers, 12 lotions, 10 wooden crosses, and 23 bible verse cards.

We were also able to use this project to have meaningful and engaging interactions with the homeless community in the area surrounding the university. Our volunteers were extremely receptive to approaching and starting conversations with attendees of Jubilee Kitchen and the WATTS program. One of our volunteers even had the opportunity to hold a newborn baby and engage in conversation with the new mother.

Overall, this project allowed us to learn about the primary need for winter items for the homeless, understand the organizational aspects of planning a service event, and recognize how showing love through conversation and donations can impact a community in need.

The purpose of this project was to spread the love of Christ to the homeless through practical and evangelistic means. The donated items were much needed in the population as evident by the depletion of winter items. One man was especially grateful for his new winter hat since he could finally have a hat without holes. Other guests noted the kindness and cheerfulness of the CPFI students and sincerely thanked them for coming.

Even the members of WATTS and First Presbyterian Church verbally expressed their appreciation of our CPFI chapter in helping their organization and efforts to provide for those in need.

We would highly encourage other CPFI chapters to hold this event. Since there are homeless shelters in almost every city, this event could be attainable for most CPFI chapters. Additionally, our service project left a lasting impact on the Winchester communities and could allow other chapters to have an impact on their communities as well. We are truly grateful for the opportunity to hold this event, assist those in need, and spread Christ's love.

**CALIFORNIA NORTHSTATE UNIVERSITY**

The CPFI student chapter at California Northstate University used the proceeds from the CPFI Hands and Feet Grant to support our Cambodia mission trip, where CPFI-CNUCOP members provided health education to the children in this developing country. The overall objective of the Cambodia mission trip was to empower Christian pharmacy students to strengthen their faith in their pharmacy career, by serving patients in need within Cambodia.

The Cambodia mission trip occurred during the winter semester break (December 16 to December 23, 2017) and students traveled to Siem Reap, Cambodia. The mission trip was a joint endeavor with members of Gracepoint Fellowship Church in Fremont, CA. Gracepoint Fellowship Church has already established missionaries in Cambodia, where they serve local children. CNUCOP-CPFI provided needed health education to these children. This was the first mission trip for the CPFI-CNUCOP student chapter.

**SOUTH UNIVERSITY SCHOOL OF PHARMACY**

The South University School of Pharmacy Savannah CPFI Chapter conducted a medical mission trip to Costa Rica December 11-17, 2017. The Chapter impacted both the community as well as the students who chose to serve. Students learned about global health issues with an emphasis on pharmacy, provided education and acute care to populations with little or no access, experienced the Costa Rican culture, and gained a global perspective. Students attended practical and professional orientations on vital signs and patient histories, patient examinations, house visits, and the Spanish language. Students performed house visits in two local communities in which they reviewed the family's medications and disease states. Students visited the University of Costa Rica's pharmacy school as well as a local pharmacy to note differences in regulations and practice. Students held a field clinic within the community and performed patient interviews. Students also observed the examination, diagnosis and treatment process under physician supervision.