

Mange Tusen Takk

'Many thousand thanks'

November 2013

A message from the President:

Growing up as a young lad in a small community with people of Norwegian decent, it was common to hear Norwegian phrases spoken by my parents and other relatives. The above phrase was one that I often heard my parents say, and its literal translation is "**many thousand thanks**." As we approach this season of thanksgiving I trust that you will all have the occasion to repeat this or a similar phrase to those you encounter.

Paul reminds us in the book of Ephesians 5:18-21 (NIV) that we are "... to be filled with the Spirit, addressing one another in psalms, and hymns and spiritual songs, singing and making melody to the Lord with your heart, giving thanks always and for everything, to God the Father in the name of our Lord Jesus Christ, submitting to one another out of reverence for Christ." Paul emphasizes that we should always be giving thanks for everything. As we approach this upcoming holiday, we have a clear mandate to by faith express our thanks, even if we might not be currently experiencing that sentiment. It is then that we demonstrate the same attitude as described in Colossians 3:17, "And whatever you do, in word or deed, do everything in the name of the Lord Jesus, giving thanks to God the Father through Him."

Struggles have been ever present this year as I have helped my parents get settled in a nursing home where they could receive the attention they need as dad recovers from a major stroke. There have also been challenges as I experience some major transitions at work. Yet through it all I can say *mange tusen takk* to God for His faithfulness and to many CPFI members and church family who have joined together as we have prayed and offered spiritual songs of worship together. Our only responsibility is to give thanks, and then we can see God provide the blessings!

Ron Herman, Executive Director



TRUST WITH FAITH

I have been dealing recently with some conflicts in my church which have created some conflicts at home. When I find myself in these situations I am inclined to pray more. It seems like getting on my knees makes me more aware that life events point me to the need to trust more. Let me share one promise that spoke to me. In Isaiah 40:31a (my paraphrase) we are told, "Those who wait (trust, hope) on the Lord will be renewed (encouraged, uplifted)." But what I was struck with this time as I took encouragement for my situation was found in Isaiah 40:28 (HCAB). "Do you not know? Have you not heard? Yahweh is the everlasting God, the Creator of the whole earth. He never grows faint or weary; there is no limit to His understanding." The one who I was trusting to work out the conflict I was facing is Yahweh. But this time, perhaps because of my situation, I saw with a fresh perspective that He truly was my only real source of help.

Of course, then my questions were: what does it mean to wait, how long should you wait, and what should you do while you wait? Newsletter space does not allow me to answer all that I am learning, but I wanted to share one story that helped me with my answers. It comes from I Samuel 24:1-15, where David, having fled from Saul, is hiding in a cave with his men. Saul enters that cave by himself, giving David the opportunity to end the conflict right then. In fact, he was encouraged by his men to take such action because they said the Lord created this opportunity. David's response in verse 6 got my attention: "I swear before the Lord. I would never do such a thing to my Lord, the Lord's anointed." David had a unique opportunity to take a conflict into his own hands and end it immediately. Instead he set aside his men's obvious solution and chose to wait on the Lord's timing to resolve the conflict.

What I am learning is that waiting often means fully trusting, without knowing what the solution will be. But our trust is in the only one who acts in perfect love. Only He can work all things together for the good of His children. What I am learning through my conflict is that waiting requires trust with faith. It also provides an opportunity for daily renewal, making each day "sweeter than the day before." May you too be encouraged to wait on the Lord in your life situations, and may your faith grow stronger so that you can trust Him completely.

Fred Eckel, CPFI President

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2013 Global Missions Health Conference



The 2013 GMHC just concluded in Louisville, KY. It was an exciting, fun, packed conference with tremendous exposure to what God is doing around the world in medical missions. There were over 2500 people in attendance:



There were about 70 workshops that ran the spectrum from preparing to go on your first adventure, to how to develop your ministry and medical skills, and even how to transition back from the mission field.

Student Chapter of the Year – 2013

At the 2013 Annual meeting in Flat Rock, NC it was announced that the University of Charleston in West Virginia was being awarded the CPFI chapter of the year. Keith Allhands, chair of the awards committee was recently able to travel to Charleston to present the plaque at a College of Pharmacy ceremony where the whole college was in attendance. *Many thousand thanks* to the student leadership, chapter members and the advisor who worked so hard to achieve this honor.



There was a one hour session for specialty groups where 100 pharmacists and students met to network and discuss how we can see God's plan for using pharmacy as a profession to further God's kingdom.

There were over 100 exhibitors, including CPFI that sought to match senders and goers.



Again, mange tusen tukk to all who made this a success.

CPFI Board Meeting

While in Louisville the CPFI Board met and approved a budget for this next year. Many thousand thanks to all who helped CPFI finish this budget year in the black. We also have continued discussion about how we can continue to increase participation with CMDA through student activities and looking into medical-ethical issues. More to come in the future.







Save the Date ! CPFI Annual Conference will return to Myrtle Beach in 2014!

2014 CPFI Annual Conference & National Student Retreat National Student Retreat June 11 – 15, 2014 Annual Conference June 12 – 15, 2014 Springmaid Beach Resort Myrtle Beach, SC

Springmaid has undergone a multi-million dollar remodeling of all of their guest rooms and common areas. To view photos and read more about the 'new' Springmaid Beach Resort visit <u>http://springmaidbeach.com/resort/</u>



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Upcoming Events:

 2014 CPFI Annual Conference & National Student Retreat Retreat: June 11 – 15, 2014 Conference: June 12 – 15, 2014 Myrtle Beach, SC



As we approach the end of 2013, we would also like to say *mange tusen takk* to those who have played an important role in the financial viability of CPFI this year by joining The 1% Group and those who joined The 1% Group in 2012 and re-pledged in 2013. We also wish to thank other members who support CPFI with their financial gifts over and above their regular membership donation. **Thank you!**

2012-2013 Members

Jeffrey T. Copeland, *Founding Member* Fred M. Eckel Gregory C. Carlson Keith W. Allhands Wagdy W. Wahba J. Michael Ross Janet A. Lei Robert T. Stillwell Camille K. Wissmann John E. Corkrean Martin Dale Parker Michael G. Merrick

2013-2014 Members

Jeffrey T. Copeland (re-pledge) Fred M. Eckel (re-pledge) Gregory C. Carlson (re-pledge) Keith W. Allhands (re-pledge) Wagdy W. Wahba (re-pledge) Anonymous Board member Janet A. Lei (re-pledge) Maj. Don A Belt Wayne G. Myers Michele L. Lennox

Learn more

Join Now

"For I can testify that they gave not only what they could afford, but far more. And they did it of their own free will." II Corinthians 8:3(NLT)



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CPFI is subject to Financial Accountability

CPFI is a registered 501(c)3 organization. We depend entirely on your tax-deductible gifts and membership dues for the financial support of our ministry. Gifts are taxdeductible to the full extent allowed by law. (Consult an accountant regarding tax deduction of dues.) We are grateful for the many members who make regular contributions beyond their dues to support this ministry.

CPFI welcome's articles with a Christian focus. If you are interested in contributing an article for possible publication in our journal, Christianity & Pharmacy, please submit your manuscript directly to the CPFI office or to the editor. The deadlines for the journal: Spring Journal, December 1; Fall Journal, July 1.

Short Term Foreign Mission Opportunities

CPFI partners with the Christian Medical and Dental Association, the Fellowship of Christian Nurses and the Fellowship of Christian Physician Assistants to send out short term medical teams through Global Health Outreach. The primary care teams are usually one or two weeks, and our goal is to have two pharmacists on each team. Below is a list of upcoming trips. For a complete list of the projects and dates, visit the GHO website which can be found on the CPFI website www.cpfi.org or the CMDA website www.cmda.org.

Upcoming GHO Short Term Projects	
Dec 7 –15, 2013	<i>May 10 – 24, 2014</i>
Nicaragua	Kabul, Afghanistan
<i>Jan 11 – 18, 2014</i>	<i>Jun 21 – 29, 2014</i>
Managua, Nicaragua	Isla de Ometepe, Nic.
<i>Jan 18 – 26, 2014</i>	<i>Jul 12 –20, 2014</i>
Cubulco, Guatemala	Santa Domingo, D.R.
Jan 24 –Feb 8, 2014	Jul 28 – Aug 10, 2014
Siem Reap, Cambodia	Tefle/Klenu , Ghana
Feb 8 – 16, 2014	Aug 2 - 17, 2014
Nicaragua	Namanga/Nairobi, Kenya
<i>Feb 15 – 23, 2014</i>	Aug 15 – 30, 2014
El Sembrador, Honduras	Sumba, Indonesia
Feb 22 –Mar 2, 2014	Sep 14 – 22, 2014
Dire Dawa, Ethiopia	Nicaragua
Feb 27 – Mar 2, 2014	Sep 19 – 29, 2014
Tikapur, Nepal	Moldova
<i>Mar 1 –9, 2014</i>	Oct 11 – 25, 2014
Nicaragua	Ethiopia
Mar 14 – 22, 2014	Oct 11 – 25, 2014
Peru	China
Apr 11 – 22, 2014	Oct 19 – Nov 2, 2014
Moldova	Mumbai, India
Apr 11 – 25, 2014	Oct 29 – Nov 9, 2014
South Sudan	Tikapur, Nepal

The GHO website provides a link for each trip, the name of each team leader, and the estimated cost of each trip. You may apply on-line to participate in the trip of your choice or e-mail Ron Herman, the Mission Committee Chair for additional information.

(ronherman@mchsi.com)

In 2013, 53 pharmacists, 30 students and 1 technician participated on 39 different trips! There was \$7,700 provided in mission scholarships to 3 pharmacists and 26 students in 2013!

