

The Faith Script

CPFI Serving Christ and the World Through Pharmacy

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Let the words of my mouth and the meditation of my heart be acceptable in Your sight, O Lord, my strength and my Redeemer. Psalm 19:14 (NKJV)

[Prayer Wall](#)

“You are the salt of the earth, but if salt has lost its taste, how shall its saltiness be restored? It is no longer good for anything except to be thrown out and trampled under people’s feet. You are the light of the world. A city set on a hill cannot be hidden. Nor do people light a lamp and put it under a basket, but on a stand, and it gives light to all in the house. In the same way, let your light shine before others, so that they may see your good works and give glory to your Father who is in heaven.”
Matthew 5:13-16 (ESV)

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As a pharmacy professor, it can be challenging at times to not let the pressure of the many hats I wear negatively impact my outlook. I’m sure I’m not alone in this. The profession of pharmacy and health care, in general, are continuously changing, which can often create additional stress and if we let it, negativity. However, I would like to challenge all of us to reflect on Matthew 5:13-16 during those moments when joy does not come so easily and to remember the influence we as Christian pharmacists can have on others.

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I remember when the Lord put this verse on my heart as a young pharmacy student. I was serving as Treasurer for the CPFI student chapter at Ohio Northern University, and our chapter officers were leading members through a bible study titled “Heart of a Servant”.

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NSC Summer Newsletter

“But among you it will be different. Whoever wants to be a leader among you must be your servant, and whoever wants to be first among you must be the slave of everyone else. For even the Son of Man came not to be served but to serve others and to give his life as a ransom for many.” Mark 10:43-45 (NLT)

Each officer selected one letter from the word ‘heart’ with each letter representing a specific theme. I can’t recall each of the themes the letters represented, but I have certainly not forgotten mine. I selected the letter ‘E’, and my theme was “Eyes on God.” I remember it was during that time that God really challenged me to give my career over to his control. I remember the immense struggle I had with him and thinking “but isn’t this mine? Don’t I get to decide how I use this degree? What if Your plan isn’t so glamorous or impressive?”

Throughout that struggle, the Lord really challenged my heart and helped me let go of my achiever nature and to stop resting in what I thought were my accomplishments and rest in Him. What a wonderful relief! During that time my heart changed, and I began to see how I could use my job as a community pharmacist to love and serve others. If I choose joy and a grateful heart in the moments that are stressful at the Charitable Pharmacy where I practice, people will notice. If I show grace, compassion, and a heart for caring for patients, my students

will notice. As Christians, we are being monitored by our peers and colleagues, which can be used to minister to others! We can have a different attitude, a different outlook, and we can share why we are able to have that light and joy.

During my first year as a new faculty member, I certainly had my fair share of bumps in the road. There were moments of intense workload, and some less than ideal practice situations. It can be challenging when things are not going our way, but we can still choose to be a light during those moments. With God's help, the more we choose joy and forgiveness over anger or bitterness, the more natural it becomes.

Lord, thank you for your immense blessings in our lives. Please enable each of us to be a light for Your kingdom in the way that we work and interact with others in our profession. May we always submit to Your will in our personal and professional lives.

Cortney M. Mospan, Pharm.D.
Board Member

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