For most of us as pharmacy professionals, volunteerism is a part of our lives. We were encouraged to volunteer during our pharmacy education, and that "habit" has continued, hopefully, throughout our careers. One of my long-time volunteer experiences has been with a group of intellectually disabled individuals that our pharmacy was blessed to provide pharmacy services to for about 30 years. These special people were residents of Mosaic, the largest faith-based organization serving persons with intellectual disabilities in the United States. I continue to be amazed by the way this organization and its staff makes a difference in the lives of those they serve. In turn, those they serve are making a difference in the lives of individuals who take the time to discover them and how special they are. I became a big fan early on and got to know many of the residents over the years. When I visited their group homes, there was a spark of recognition, even in those who could not speak. When we sold our pharmacy several years ago, it was quite apparent that our long-term relationships with many of these individuals could NOT stop! Consequently, my volunteer efforts escalated.

God has led me to really understand how He created every single human being, no matter what their IQ or apparent abilities, with a purpose on this earth. “For we are God’s workmanship, created in Christ Jesus to do good works, which God prepared in advance for us to do.” Eph. 2: 10 (NIV) I never was really acquainted with persons with ID as I grew up, and rarely had opportunities to interact with them until we began serving them in our pharmacy. Surprises and blessings have abounded. I have seen their abilities come to life with caregivers who spent the time to give them the tools they needed. Some of those caregivers seemed to have special God-given gifts to discover the possibilities where many would have never even tried. I have watched them create their own businesses, write books about their lives, compose (and record) music, hold down jobs, and serve as volunteers themselves. It has been such a great experience to see the true meaning of God’s love for each of us being shown daily.

Other members of our church congregation have become involved with several individuals, meeting monthly for a special planned activity, to interact in various ways and get to know one another better. As volunteers, we share the joy of getting a hole-in-one in miniature golf, a strike in the bowling alley, watching the absolute delight in seeing someone bouncing around in a hay-filled wagon being pulled by a small tractor. We share hayrides and roasting of marshmallows. We have been blessed to have some of the Mosaic residents participate in our summer Vacation Bible School program, serving as volunteers by handing out treats each evening. (They can’t wait to return next summer!) We witness the love they share with a pet, and the care they are willing (and able) to provide to that pet. I am the proud recipient of crayon and magic marker-drawn artwork that I display for all to see.

Perhaps the most poignant moment occurred during the recent Christmas season, as several of us delivered Christmas goodies, sang carols and read a Christmas story at three of the nearby group homes. As our daughter finished reading the story at one group home, the resident sitting next to her asked to see the book. After briefly thumbing through it, she returned to the beginning of the story and read the entire book aloud for all to hear. There was not a dry eye in the room when she finished. God truly has created every one of His children to serve His purposes.
It continues to be an honor and a privilege to have this kind of opportunity to serve our risen Lord by serving others who may not be “like us” but who truly bring their own gifts to this world.

Susan Lutz
CPFI Secretary
Altoona, IA

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2016-2017 CPFI Leadership Team

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